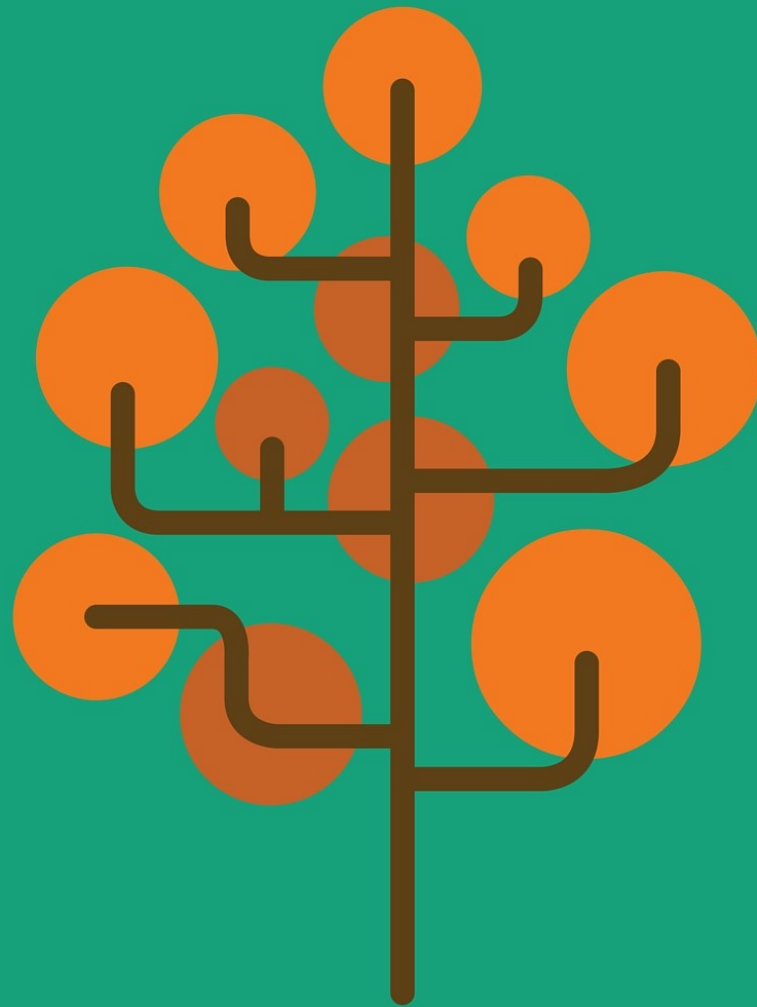


Community Resource Guide



2017

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BASIC NEEDS & MISCELLANEOUS SERVICES



BASIC NEEDS

Name of Agency: Assistance League of Tulsa **Office Number:** (918) 832-8832
Address: 3408 E 11th St
City, State, Zip Code: Tulsa, OK 74112

Services offered: **Hours of Operation:**
• Children’s clothing Monday-Friday
• *Only accept referrals from schools except in cases of emergency (such as a fire)*



Name of Agency: Baptist Ministry Center **Office Number:** (918) 585-5310
Address: 312 South 33rd West Avenue Director: Alicia Bones
City, State, Zip Code: Tulsa, OK 74127

Services offered: **Hours of Operation:**
• Food pantry Monday-Wednesday, 9:00 am - 2:00 pm
• Free clothing Thursday 9:30am-2:00pm
• *See Comprehensive for more services* Prefer appointment, help every 60 days



Name of Agency: Carbondale Assembly of God **Office Number:** (918) 446-0795
Address: 2135 West 51st Street
City, State, Zip Code: Tulsa, OK 74107

Services offered: **Hours of Operation:**
• Food Pantry Monday-Thursday 9:00-4:30, closed 12-1



Name of Agency: Catholic Charities **Office Number:** (918) 949-4673
Address: 2450 N. Harvard Ave.
City, State, Zip Code: Tulsa, OK 74110

Services offered: **Hours of Operation:**
• Food Tuesday-Friday 9:00am-2:00pm
• Clothing Tuesday 4:30-6:30pm
• *See Comprehensive for more services* 3rd Saturday 9:00-11:00am



Name of Agency: Christ for Humanity **Office Number:** (918) 836-2424
Address: 6314 East 13th Street Appointment ONLY
City, State, Zip Code: Tulsa, OK 74112 Contact Camille or Randy

• **Services offered:** **Hours of Operation:**
• Food pantry, clothing Monday-Thursday, 10:00am - 3:00pm
• Sometimes assist with furniture



BASIC NEEDS

Name of Agency: Harvest House
Address: 1439 E. 71st St
City, State, Zip Code: Tulsa, OK 74136

Office Number: (918) 492-5511

Services offered:

- Food
- Clothing
- *See Comprehensive for more services*

Hours of Operation:

Call on Monday evenings after 6:00pm



Name of Agency: Helping Hands
Address: 700 South Boston
City, State, Zip Code: Tulsa, OK 74119

Office Number: (918) 584-6923

- **Services offered:**
- Food pantry

Hours of Operation:

Monday-Friday, 9:00 am - 12:00 pm
Walk in, line up early (around 6:30 or 7)



Name of Agency: John 3:16 Mission
Address: 506 North Cheyenne
City, State, Zip Code: Tulsa, OK 74103

Office Number: (918) 587-1186

Services offered:

- Meals every evening
- Groceries & clothing (appointment only)
- *See Comprehensive for more services*

Hours of Operation:

Monday-Friday, 9:00am - 5:00pm



Name of Agency: Lifeline Support
Address:
City, State, Zip Code:

Website: www.lifelinesupport.org

Services offered:

- Reduced cost for phone service

Hours of Operation:

N/A



Name of Agency: Loaves and Fishes
Address: 11321 East 19th Street
City, State, Zip Code: Tulsa, OK 74128

Office Number: (918) 234-8577
(918) 234-8574

Services offered:

- Free lunch (Mon & Wed)
- Free breakfast (Sat)
- Grocery assistance after free meals
- No children under 12 years old

Hours of Operation:

Monday & Wednesday at 11:00am
Saturday at 10:00am



BASIC NEEDS

Name of Agency: Salvation Army **Office Number:** (918) 582-7201
Address: 102 North Denver
City, State, Zip Code: Tulsa, OK 74103

Services offered: **Hours of Operation:**
• Hot meal—1:00pm daily Monday-Friday, 8:30 am - 4:30 pm
• *See Comprehensive for more services*



Name of Agency: Sand Springs Community Services **Office Number:** (918) 245-5183
Address: 114 W. 4th St.
City, State, Zip Code: Sand Springs, OK 74063
LIMITED BY ZIPCODE

Services offered: **Hours of Operation:**
• Food Monday-Thursday 9:00am-3:30pm
• Clothing Friday 9:00am-12:00pm
• *See Comprehensive for more services*



Name of Agency: South Tulsa Community House **Office Number:** (918) 742-5597
Address: 5780 S. Peoria Ave
City, State, Zip Code: Tulsa, OK 74105
Website:
Only residents of this census tract eligible for most services www.southtulsacommunityhouse.org

Services offered: **Hours of Operation:**
• Food pantry (1x a year) Monday-Friday 8:30am-4:30pm
• Veterans Grocery Program
• Senior Servings Groceries



Name of Agency: Trinity Episcopal Church **Office Number:** (918) 582-4128
Address: 501 South Cincinnati
City, State, Zip Code: Tulsa, OK 74103

Services offered: **Hours of Operation:**
• Food pantry Monday-Friday, 8:30 am - 4:30 pm



Name of Agency: Tulsa Community Food Bank **Office Number:** (918) 585-2800
Address: 1150 South Iroquois
City, State, Zip Code: Tulsa, OK 74106
Website:
www.okfoodbank.org

Services offered: **Hours of Operation:**
• Food pantry locator (search by zip code) Monday-Friday, 8:00 am - 4:30 pm



BASIC NEEDS

Name of Agency: Western Neighbors
Address: Crystal City Shopping Center
On Southwest Blvd
City, State, Zip Code: Tulsa, OK 74107

Office Number: (918) 445-8840

Services offered:

- Food pantry (1x a month)
- Used clothing
- Small household items
- *See Comprehensive for more services*

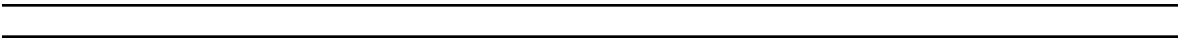
Hours of Operation:

Monday-Friday, 8:00am-12:00pm





CHILDCARE



CHILD CARE

Name of Agency: Childcare Resource Center
Address: 18 North Norwood
City, State, Zip Code: Tulsa, OK 74115

Office Number: (918) 834-2273
Website: www.ccrctulsa.org

Services offered:

- Provide referrals to families for child care resources in Tulsa

Hours of Operation:

Monday-Friday, 8:30am-5:00pm



Name of Agency: Department of Human Services
Address: 444 South Houston
City, State, Zip Code: Tulsa, OK 74127

Office Number: (918) 582-2401
Website: www.okdhs.org

Additional Locations: 3666 North Peoria
Tulsa, OK 74106
(918) 430-2300

320 East Midway
Broken Arrow, OK 74012
(918) 251-5251

5051 South 129th East Avenue
Tulsa, OK 74134
(918) 294-2000

11626 East 21st Street
Tulsa, OK 74129
(918) 280-3130

Services offered:

- Childcare Financial Assistance
- Database to search for Oklahoma child care facilities
- *See Comprehensive for more services*

Hours of Operation:

Monday-Friday, 8:00 am - 5:00 pm





COUNSELING / MENTAL HEALTH

COUNSELING / MENTAL HEALTH

Name of Agency: Catholic Charities
Address: 2450 N. Harvard Ave
City, State, Zip Code: Tulsa, OK 74106

Office Number: (918) 508-7131
Call for information
Email Address:
charitiestul@aol.com

Services offered:

- Counseling
- *See Comprehensive for more services*

Hours of Operation:
Monday-Friday, 8:30 am - 4:30 pm
Tuesdays, 8:30am-7:30pm



Name of Agency: CREOKS
Address: 4636 S. Harvard Ave.
City, State, Zip Code: Tulsa, OK 74135

Office Number: (918) 382-7300

Services offered:

- Counseling
- Crisis Intervention
- Case Management
- Medication services
- *See Comprehensive for more services*

Hours of Operation:
Monday-Friday, 8:00am-5:00pm



Name of Agency: Domestic Violence Intervention Svc
Address: 4300 South Harvard, Suite #100
City, State, Zip Code: Tulsa, OK 74135

DVIS

Office Number: (918) 743-5763

Services offered:

- Counseling and Support Groups
- Treatment
- Court Advocacy
- *See Comprehensive for more services*

Hours of Operation:
24 Hour Crisis/Information line



Name of Agency: Family & Children's Services
Address: 650 South Peoria
City, State, Zip Code: Tulsa, OK 74120

Office Number: (918) 587-9471

Services offered:

- Counseling—Children & Adults
- *See Comprehensive for more services*

Hours of Operation:
Monday-Friday, 8:00 am - 5:30 pm



COUNSELING / MENTAL HEALTH

Name of Agency: Parkside
Address: 1620 East 12th Street
City, State, Zip Code: Tulsa, OK 74120

Office Number: (918) 588-8888

Services offered:

- In-patient and out-patient treatment
- Child and adolescent therapy
- *See Comprehensive for more services*

Hours of Operation:

Call anytime 24/7, hours vary by program



Name of Agency: Resonance
Address: 1608 South Elwood
City, State, Zip Code: Tulsa, OK 74119

Office Number: (918) 587-3888

Services offered:

- Counseling
- Support Groups
- *See Comprehensive for more services*

Hours of Operation:

Monday-Friday, 8:00am-5:00pm



Name of Agency: Tulsa Center-Behavioral Health
Address: 2323 South Harvard
City, State, Zip Code: Tulsa, OK 74114

Office Number: (918) 293-2140

Services offered:

- In Patient Treatment
- Crisis Unit
- *See Comprehensive for more services*

Hours of Operation:

24/7



Name of Agency: Youth Services of Tulsa
Address: 311 S. Madison Ave.
City, State, Zip Code: Tulsa, OK 74120

Office Number: (918) 582-0061

- **Services offered:**
- Counseling (on site and home-based)
- Coping Skills Groups
- *See Comprehensive for more services*

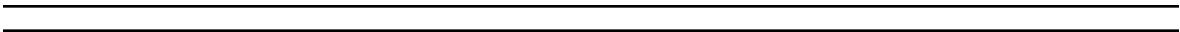
Hours of Operation:

Monday-Friday, 8:30am-5:00pm





EDUCATION



Name of Agency: Tulsa Public Schools
Address: 3027 South New Haven Road
City, State, Zip Code: Tulsa, OK 74114

Office Number: (918) 746-6800

Email Address:
tulaschools.org

Services offered:
• Public School, Elementary-High School

Hours of Operation:
Monday-Friday, 8:00am-4:30pm



Name of Agency: Tulsa Technology Center
Address: 3420 South Memorial Drive
City, State, Zip Code: Tulsa, OK 74147

Office Number: (918) 828-5000

Services offered:
• College courses

Hours of Operation:
Monday-Friday, 8:00 am - 5:00 pm



Name of Agency: Union Public Schools
Address: 7616 S. Garnett Rd
City, State, Zip Code: Broken Arrow, OK 74012

Office Number: (918) 357-3040

Website: <http://unionadulthoodlearningcenter.com/files/GED-15-16-schedule-3.31.16.pdf>

Services offered:
• Go to website to find comprehensive list of local GED class locations





EMPLOYMENT & TRAINING





HEALTH & DENTAL SERVICES



Name of Agency: Caring Van
Address:
City, State, Zip Code:

Office Number: (918) 551-3397

Services offered:

- On-site Immunizations
- Health coverage for children whose families earn too much for public assistance but cannot afford health insurance.

Hours of Operation:

Monday-Friday, 8:00am-4:45pm



Name of Agency: Catholic Charities
Address: 2450 N. Harvard Ave.
City, State, Zip Code: Tulsa, OK 74110

Office Number: (918) 949-4673

Services offered:

- Dental Services
- *See Comprehensive for more services*

Hours of Operation:

Call for information



Name of Agency: Day Center for Homeless
Address: 415 West Archer
City, State, Zip Code: Tulsa, OK 74103

Office Number: (918) 583-5588

Services offered:

- Medical Clinic
- *See Comprehensive for more services*

Hours of Operation:

Monday-Friday, 8:00am-4:00pm



Name of Agency: Good Samaritan
Address:
City, State, Zip Code:

Office Number: (918) 710-4222

Services offered:

- Free health care for low-income individuals

Hours of Operation:

Call for locations/times



Name of Agency: OSU Medical Clinic
Address: 2345 Southwest Blvd
City, State, Zip Code: Tulsa, OK 74107

Office Number: (918) 582-1980

Additional Locations: OSU Physicians Office Building
802 S. Jackson
Tulsa, OK 74127
(918) 584-5364

OSU Physicians—Eastgate
14002 E. 21st St, Suite 1130
Tulsa, OK 74134
(918) 439-1500

OSU Physicians Houston Center
717 S. Houston Ave, Suite 200
Tulsa, OK 74127
(198) 586-4500

OSU Center for Health Sciences
5635 N. Martin Luther King Jr. Blvd
Tulsa, OK 74126
(918) 732-4686

Services offered:
• Medical Treatment

Hours of Operation:
Call specific location



Name of Agency: OU Medical Clinic
Address: 1111 S. St. Louis Ave
City, State, Zip Code: Tulsa, OK 74120

Office Number: (918) 619-4600

Additional Locations: Schusterman Center Clinic
4444 East 41st St.
Tulsa, OK 74135
(918) 619-4400

Downtown Clinic
East 2nd St., Suite 180
Tulsa, OK 74103
(918) 619-4014

Wayman Tisdale Specialty Health Clinic
591 E. 36th St North
Tulsa, OK 74106
(918) 619-8700

Services offered:
• Medical Treatment

Hours of Operation:
Depends on location — call



Name of Agency: Planned Parenthood
Address: 1007 S. Peoria Ave.
City, State, Zip Code: Tulsa, OK 74120

Office Number: (855) 841-7526

Services offered:
• Family planning
• Birth control
• STD testing
• *See Comprehensive for more services*

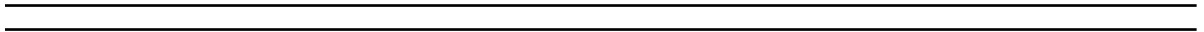
Hours of Operation:
Monday-Friday, 8:30am-5:00pm



Notes / Important Numbers



HOMEOWNERSHIP



HOMEOWNERSHIP & FAIR HOUSING

Name of Agency: Community Action Project
Address: 4606 S. Garnett Rd.
City, State, Zip Code: Tulsa, OK 74146

Office Number: (918) 382-3200

Email Address:
captc.org

Services offered:

- 1st Time Homebuyers Program
- *See Comprehensive for more services*

Hours of Operation:

Monday-Friday, 8:00am-5:00pm



Name of Agency: Housing Partners of Tulsa, Inc
Address: 415 East Independence
City, State, Zip Code: Tulsa, OK 74106

Office Number: (918) 581-5768

Website:
tulshousing.org

Services offered:

- Homeownership Program

Hours of Operation:

Monday-Friday, 8:00am-4:30pm



Name of Agency: Habitat for Humanity
Address: 6235 East 13th Street
City, State, Zip Code: Tulsa, OK 74112

Office Number: (918) 592-4224

Services offered:

- Homeownership Program

Hours of Operation:

Monday-Friday, 9:00am-6:00pm



Name of Agency: Neighbor for Neighbor
Address: 1506 East 46th Street North
City, State, Zip Code: Tulsa, OK 74119

Office Number: (918) 425-5578

Services offered:

- Housing Assistance
- *See Comprehensive for more services*

Hours of Operation:

Monday-Thursday, 9:00am-12:00pm &
1:00pm - 3:00pm



Name of Agency: Metropolitan Tulsa Urban League
Address: 240 East Apache
City, State, Zip Code: Tulsa, OK 74106

Office Number: (918) 584-0001

Services offered:

- Homebuyers Program

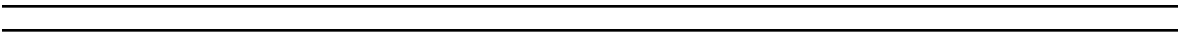
Hours of Operation:

Monday-Thursday, 9:00am-12:00pm &
1:00pm-3:00pm





LEGAL SERVICES



LEGAL SERVICES

Name of Agency: Early Settlement
Address: 600 Civic Center, Suite 108
City, State, Zip Code: Tulsa, OK 74103

Office Number: (918) 596-7786

- Services offered:**
- Mediation Services
 - Court Systems Referrals

Hours of Operation:
Monday-Friday, 8:00am-5:00pm

Name of Agency: Lawyer Referral Center
Address: 1446 South Boston
City, State, Zip Code: Tulsa, OK 74119

Office Number: (918) 584-5243

- Services offered:**
- Legal Referral with 30 min consultation for \$25
 - No pro bono lawyers

Hours of Operation:
Monday-Friday, 8:00am-5:00pm



Name of Agency: Legal Aid Services of Oklahoma
Address: 907 S. Detroit, Suite 725
City, State, Zip Code: Tulsa, OK 74103

Office Number: (918) 584-3388
Hotline: (918) 428-4357

- Services offered:**
Legal Services for low income individuals

Hours of Operation:
Monday-Friday, 8:30am-5:00pm



Name of Agency: Neighbor for Neighbor
Address: 1506 East 46th Street North
City, State, Zip Code: Tulsa, OK 74119

Office Number: (918) 425-5578

- Services offered:**
- Legal Clinic
 - *See Comprehensive for more services*

Hours of Operation:
Monday-Thursday, 9:00am–12:00pm &
1:00pm-3:00pm



Name of Agency: Neighbors Along the Line
Address: 5000 West Charles Page Blvd
City, State, Zip Code: Tulsa, OK 74127

Office Number: (918) 582-3491

- Services offered:**
- Legal Aid
 - *See Comprehensive for more services*

Hours of Operation:
Monday-Thursday, 10:00am-7:00pm
Call for Legal Aid days/times





PRENATAL / INFANT NEEDS



PRENATAL AND INFANT NEEDS

Name of Agency: Birthright of Tulsa
Address: 6600 South Yale Ave #1307
City, State, Zip Code: Tulsa, OK 74136

Office Number: (918) 481-4884

- Services offered:**
- Parenting Classes
 - Diapers
 - Clothing

Hours of Operation:
Monday-Friday, 11:00am-3:00pm

Name of Agency: Catholic Charities
Address: 2450 N. Harvard Ave.
City, State, Zip Code: Tulsa, OK 74110

Office Number: (918) 949-4673

- Services offered:**
- Adoption Services
 - Healing After Abortion
 - Madonna House
 - Pregnancy Services
 - *See Comprehensive for more services*

Hours of Operation:
Depends on program



Name of Agency: Children First
Address: 5051 S. 129th E. Ave
City, State, Zip Code: Tulsa, OK 74134

Office Number: (918) 732-4600

- Services offered:**
- Family Centered Home Visits with a Registered Nurse for first time mothers 28 weeks or less in their pregnancy

Hours of Operation:
Monday-Friday, 8:30am-5:00pm



Name of Agency: Crisis Pregnancy Outreach
Address: 7807 E. 76th St.
City, State, Zip Code: Tulsa, OK 74037

Office Number: (918) 296-3377

- Services offered:**
- Free pregnancy test/ultrasound
 - Resources to assist with unplanned pregnancies

Hours of Operation:
Monday-Friday, 10:00am-4:00pm



PRENATAL AND INFANT NEEDS

Name of Agency: Emergency Infant Services
Address: 222 S. Houston
City, State, Zip Code: Tulsa, OK 74127

Office Number: (918) 582-2469

Additional Locations: EIS East Side
9910 E 42nd St, Suite 100
Tulsa, OK 74146

EIS South Side
5780 S. Peoria Ave.
Tulsa, OK 74105

Services offered:

- Help with families with children 5 and younger
- Help 4 times a year (food, formula, diapers, clothing)

Hours of Operation:
Differs by location



Name of Agency: Family & Children's Services
Address: 650 South Peoria
City, State, Zip Code: Tulsa, OK 74120

Office Number: (918) 587-9471

Additional Locations: 11740 East 21st, Suite E
Tulsa, OK 74129
(918) 437-9495

1055 S. Houston Ave.
Tulsa, OK 74127
(918) 921-3200

2325 S. Harvard Ave.
Tulsa, OK 74114
(918) 587-9471

1 W. 36th St. N., Suite I
Tulsa, OK 74106
(918) 425-4200

6202 S. Lewis Ave., Suite J.
Tulsa, OK 74136
(918) 584-4549

102 N. Denver Ave., Suite C
Tulsa, OK 74103
(918) 582-1200

Services offered:

- Parenting Classes
- *See Comprehensive for more services*

Hours of Operation:
Monday-Friday, 8:00am-5:30pm



PRENATAL AND INFANT NEEDS

Name of Agency: Margaret Hudson
Address: 1136 S. Allegheny
City, State, Zip Code: Tulsa, OK 74112

Office Number: (918) 833-9860

Services offered:

- Academic program for teenagers who are either parents or are expecting a child

Hours of Operation:

Monday-Friday, 8:00am-4:00pm



Name of Agency: Mend Pregnancy
Address: 6216 South Lewis, Suite #100
City, State, Zip Code: Tulsa, OK 74136

Office Number: (918) 745-6000

Services offered:

- Pregnancy Testing
- Referrals for services

Hours of Operation:

Monday-Friday, 9:00am-5:00pm



Name of Agency: Parent Child Center
Address: 1421 South Boston
City, State, Zip Code: Tulsa, OK 74119

Office Number: (918) 599-7999

Services offered:

- Parenting Services
- Home visit program
- *See Comprehensive for more services*

Hours of Operation:

Monday-Friday, 8:30am-5:00pm



Name of Agency: Planned Parenthood
Address: 1007 S. Peoria Ave.
City, State, Zip Code: Tulsa, OK 74120

Office Number: (855) 841-7526

Services offered:

- Family planning
- Prenatal
- Pregnancy Department
- *See Comprehensive for more services*

Hours of Operation:

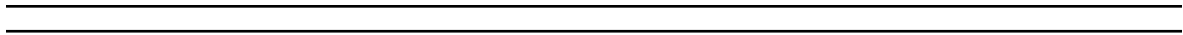
Monday-Friday, 8:30am-5:00pm



Notes / Important Numbers



RENT / UTILITIES



RENT AND UTILITIES

Name of Agency: Cherokee Nation
Address: 750 South Cherokee
City, State, Zip Code: Catoosa, OK 74015

Office Number: (918) 266-5626

Services offered:
• Utility Assistance for Cherokee Indians

Hours of Operation:
Monday-Friday, 8:00am-5:00pm



Name of Agency: Christ for the King
Address: 1520 South Rockford
City, State, Zip Code: Tulsa, OK 74120

Office Number: (918) 760-7443

ONLY CERTAIN ZIPCODES SERVED

Services offered:
• Rent/Utility Assistance

Hours of Operation:
Leave message & they will call back



Name of Agency: First Baptist Church of Tulsa
Address: 305 S. Detroit
City, State, Zip Code: Tulsa, OK 74120

Office Number: (918) 587-1571

Services offered:
• Utility Assistance
• *See Comprehensive for more services*

Hours of Operation:
Call on Mondays at 8:30am



Name of Agency: Harvest House
Address: 1439 E. 71st St
City, State, Zip Code: Tulsa, OK 74136

Office Number: (918) 492-5511

Services offered:
• Utility Assistance
• *See Comprehensive for more services*

Hours of Operation:
Call on Monday evenings after 6:00pm



Name of Agency: Holy Family Cathedral
Address:
City, State, Zip Code: Tulsa, OK

Office Number: (918) 919-5291

Services offered:
• Utility Assistance
• Rent Assistance

Hours of Operation:
Call on Mondays or Wednesdays



RENT AND UTILITIES

Name of Agency: Kirk of the Hills (The Deacon’s Fund) **Office Number:** (918) 494-7088
Address: 4102 East 61st Street Sporadically have funds—call for info
City, State, Zip Code: Tulsa, OK 74136

Services offered: **Hours of Operation:**

- Utility Assistance
- Rent Assistance

Tuesday and Thursday, 9:00am-2:00pm
Call ahead of time

Name of Agency: Neighbors Along the Line **Office Number:** (918) 584-1111
Address: 5000 West Charles Page Blvd
City, State, Zip Code: Tulsa, OK 74127

LIMITED BY ZIPCODE
Services offered: **Hours of Operation:**

- Utility assistance
- See Comprehensive for more services

Monday-Thursday 10:00am-7:00pm

Name of Agency: Neighbor for Neighbor **Office Number:** (918) 425-5578
Address: 505 East 36th Street North
City, State, Zip Code: Tulsa, OK 74106

Services offered: **Hours of Operation:**

- Utilities assistance
- See Comprehensive for more services

Monday-Thursday 9:00am-12:00pm,
1:00-3:00pm

Name of Agency: Sand Springs Community Services **Office Number:** (918) 245-5183
Address: 114 W. 4th St.
City, State, Zip Code: Sand Springs, OK 74063

LIMITED BY ZIPCODE
Services offered: **Hours of Operation:**

- Rent
- Utilities
- See Comprehensive for more services

Monday-Thursday 9:00am-3:30pm
Friday 9:00am-12:00pm

Name of Agency: Salvation Army **Office Number:** (918) 582-7201
Address: 102 North Denver
City, State, Zip Code: Tulsa, OK 74103

Services offered: **Hours of Operation:**

- Rent/Utilities assistance

Call Monday-Friday, 2:00-2:30pm

RENT AND UTILITIES

Name of Agency: St. Bernard's Church
Address: 4001 East 101st Street
City, State, Zip Code: Tulsa, OK 74137

Office Number: (918) 299-9406
Call for appointment

- Services offered:**
- Utility Assistance
 - Rent Assistance

Hours of Operation:
Monday-Friday, 9:00am-5:00pm



Name of Agency: St. Catherine's Church
Address: 4532 South 25th West Avenue
City, State, Zip Code: Tulsa, OK 74107

Office Number: (918) 446-8124

LIMITED BY ZIPCODE (74107)

- Services offered:**
- Utility Assistance
 - Rent Assistance

Hours of Operation:
Monday-Friday, 9:00am-5:00pm



Name of Agency: St. Mary's Church
Address: 1347 East 49th Place
City, State, Zip Code: Tulsa, OK 74130

Office Number: (918) 749-2561

- Services offered:**
- Utility Assistance
 - Rent Assistance

Hours of Operation:
Monday-Friday, 8:00am-4:30pm



Name of Agency: Western Neighbors
Address: Crystal City Shopping Center
On Southwest Blvd
City, State, Zip Code: Tulsa, OK 74107

Office Number: (918) 445-8840

- Services offered:**
- Sometimes assist with utility cutoff notices
 - *See Comprehensive for more services*

Hours of Operation:
Monday-Friday, 8:00am-12:00pm



Notes / Important Numbers



SENIOR/ DISABLED

SENIOR / DISABLED SUPPORTIVE SERVICES

Name of Agency: Ability Resources **Office Number:** (918) 592-1235
Address: 823 South Detroit, Suite #110
City, State, Zip Code: Tulsa, OK 74120

Services offered: **Hours of Operation:**
• Independent living services for individuals w disabilities Monday-Friday, 9:00am-5:00pm
• Referrals for accessible housing, medical equipment,
& emergency assistance



Name of Agency: Adult Protective Services **Office Number:** (918) 430-2326
Address: 3666 North Peoria
City, State, Zip Code: Tulsa, OK 74126

Services offered: **Hours of Operation:**
• Adult Emergency Service Referral Monday-Friday, 8:00am-5:00pm
• Investigation of Suspected Abuse
• Crisis Intervention



Name of Agency: Advantage Program **Office Number:** (918) 933-4900
Address: 823 S. Detroit
City, State, Zip Code: Tulsa, OK 74120

Services offered: **Hours of Operation:**
• In-Home Assistance to Delay Nursing Home Placement Monday-Friday, 8:00am-5:00pm



Name of Agency: Developmental Disability Services **Office Number:** (918) 794-7600
Address: 6128 E. 38th St. #420
City, State, Zip Code: Tulsa, OK 74135

Services offered: **Hours of Operation:**
• Community-based services to individuals with disabilities Monday-Friday, 8:00am-5:00pm
• Case Management
• Physical Therapy
• Occupational Therapy
• Speech Therapy



SENIOR / DISABLED SUPPORTIVE SERVICES

Name of Agency: Employment Resources, Inc.
Address: 6202 South Lewis, Suite #D
City, State, Zip Code: Tulsa, OK 74136

Office Number: (918) 744-6202

Services offered:

- Employment Services for individuals with disabilities
- Independent living services for individuals with disabilities

Hours of Operation:

Monday-Friday, 8:00am-5:00pm



Name of Agency: Goodwill Industries, Inc.
Address: 2800 Southwest Boulevard
City, State, Zip Code: Tulsa, OK 74107

Office Number: (918) 581-1256

Services offered:

- Vocational services for individuals with disabilities
- *See Comprehensive for more services*

Hours of Operation:

Monday-Friday, 8:00am-5:00pm



Name of Agency: Life Senior Services
Address: 5950 East 31st Street
City, State, Zip Code: Tulsa, OK 74135

Office Number: (918) 664-9000

Services offered:

- Adult Day Services
- Case Management
- Caregiver Support
- Affordable housing

Hours of Operation:

Monday-Friday, 8:00 am - 5:00 pm



Name of Agency: Metro. Tulsa Transit Authority
Address: 510 South Rockford
City, State, Zip Code: Tulsa, OK 74120

Office Number: (918) 582-2100

Services offered:

- Paratransit Service for individuals with disabilities who are unable to board ride or disembark a regular fixed bus route.

Hours of Operation:

Monday-Friday, 4:30am-9:00pm
Saturday, 5:30am-9:00pm



Name of Agency: National Indian Council on Aging
Address: 6202 South Lewis, Suite #G
City, State, Zip Code: Tulsa, OK 74136

Office Number: (918) 748-5912

Services offered:

- Senior Community Service Employment Program

Hours of Operation:

Monday-Friday, 8:00 am - 5:00 pm



SENIOR / DISABLED SUPPORTIVE SERVICES

Name of Agency: Social Security Administration **Office Number:** (866) 931-7106
Address: 4750 South Garnett Rd
City, State, Zip Code: Tulsa, OK 74146

Services offered: **Hours of Operation:**
• Social Security Monday-Friday, 8:00am-4:00pm
• Supplemental Security Income
• Social Security Cards



Name of Agency: Sodexho Senior Nutrition **Office Number:** (918) 835-4160
Address: 3602 East Pine
City, State, Zip Code: Tulsa, OK 74115

Services offered: **Hours of Operation:**
• Home delivered meals Monday-Friday, 8:00am-4:30pm



Name of Agency: Special Kids **Office Number:** (918) 836-9464
Address: 6311 E. Tecumseh
City, State, Zip Code: Tulsa, OK 74115

Services offered: **Hours of Operation:**
• Assistance for children with disabilities Monday-Friday, 8:00am-5:00pm



Name of Agency: The Center for Individuals with **Office Number:** (918) 584-8607
Physical Challenges
Address: 815 South Utica
City, State, Zip Code: Tulsa, OK 74104

Services offered: **Hours of Operation:**
• Rehabilitative Services Mon, Wed, Fri, 8:00am-5:00pm
• Adaptive Recreation Tues, Thurs, 8:00am-8:00pm
• Community Reintegration



Name of Agency: Vocational Rehab **Office Number:** (918) 581-2301
Address: 444 South Houston
City, State, Zip Code: Tulsa, OK 74127

Services offered: **Hours of Operation:**
• Employment opportunities for individuals with disabilities Monday-Friday, 8:00am-5:00pm
• Independent Living Services



Notes / Important Numbers



SHELTERS



SHELTERS

Name of Agency: Day Center for the Homeless **Office Number:** (918) 583-5588
Address: 415 West Archer
City, State, Zip Code: Tulsa, OK 74103

Services offered: **Hours of Operation:**
• Homeless Center and Shelter Monday-Friday, 8:00 am - 4:00 pm
• *See Comprehensive for more services*



Name of Agency: DaySpring Villa **Office Number:** (918) 245-4075
Address:
City, State, Zip Code: Sand Springs, OK

Services offered: **Hours of Operation:**
• Emergency Domestic Violence Shelter Call 24/7



Name of Agency: Domestic Violence Intervention Svc **Office Number:** (918) 743-5763
Address: 4300 South Harvard, Suite #100
City, State, Zip Code: Tulsa, OK 74135

Services offered: **Hours of Operation:**
• Domestic Violence Shelter 24 Hour Crisis/Information line
• *See Comprehensive for more services*



Name of Agency: John 3:16 Mission **Office Number:** (918) 587-1187
Address: 506 North Cheyenne
City, State, Zip Code: Tulsa, OK 74103

Services offered: **Hours of Operation:**
• Homeless Shelter for Men Monday-Friday, 9:00am-5:00pm
• *See Comprehensive for more services*



Name of Agency: Salvation Army **Office Number:** (918) 582-7201
Address: 102 North Denver
City, State, Zip Code: Tulsa, OK 74103

Services offered: **Hours of Operation:**
• Emergency Shelter Monday-Friday, 8:30am-4:30pm
• *See Comprehensive for more services*



Name of Agency: Youth Services of Tulsa
Address: 311 S. Madison Ave.
City, State, Zip Code: Tulsa, OK 74120

Office Number: (918) 582-0061

Services offered:

- Homeless shelter (Ages 12-18)
- *See Comprehensive for more services*

Hours of Operation:

Monday-Friday, 8:30am-5:00pm



Notes / Important Numbers



SUBSTANCE ABUSE



SUBSTANCE ABUSE

Name of Agency: 12 & 12
Address: 6333 East Skelly Drive
City, State, Zip Code: Tulsa, OK 74135

Office Number: (918) 664-4224

Services offered:
• Substance abuse residential treatment

Hours of Operation:
Monday-Friday, 8:00am-5:00pm



Name of Agency: CROOKS
Address: 4636 S. Harvard Ave.
City, State, Zip Code: Tulsa, OK 74135

Office Number: (918) 382-7300

Services offered:
• Outpatient Substance Abuse Treatment
• *See Comprehensive for more services*

Hours of Operation:
Monday-Friday, 8:00am-5:00pm



Name of Agency: Family & Children's Services
Address: 650 South Peoria
City, State, Zip Code: Tulsa, OK 74120

Office Number: (918) 587-9471

Additional Locations: 11740 East 21st, Suite E
Tulsa, OK 74129
(918) 437-9495

1055 S. Houston Ave.
Tulsa, OK 74127
(918) 921-3200

2325 S. Harvard Ave.
Tulsa, OK 74114
(918) 587-9471

1 W. 36th St. N., Suite I
Tulsa, OK 74106
(918) 425-4200

6202 S. Lewis Ave., Suite J.
Tulsa, OK 74136
(918) 584-4549

102 N. Denver Ave., Suite C
Tulsa, OK 74103
(918) 582-1200

Services offered:
• Outpatient Substance Abuse treatment
• *See Comprehensive for more services*

Hours of Operation:
Monday-Friday, 8:00am-5:30pm



Name of Agency: HOW Foundation
Address: 5649 South Garnett
City, State, Zip Code: Tulsa, OK 74146

Office Number: (918) 252-5739

Services offered:
• Substance abuse residential treatment

Hours of Operation:
Monday-Friday, 8:00am-5:00pm



SUBSTANCE ABUSE

Name of Agency: Indian Health Care Resource Ctr **Office Number:** (918) 588-1900
Address: 550 South Peoria
City, State, Zip Code: Tulsa, OK 74120

Services offered: **Hours of Operation:**
• Substance Abuse Counseling
Monday-Friday, 8:00 am - 5:00 pm
Thursday, 10:00 am - 7:00 pm



Name of Agency: John 3:16 Mission **Office Number:** (918) 587-1186
Address: 506 North Cheyenne
City, State, Zip Code: Tulsa, OK 74103

Services offered: **Hours of Operation:**
• Recovery for addictions
• See *Comprehensive for more services*
Monday-Friday 9:00am-5:00pm



Name of Agency: Laureate **Office Number:** (918) 491-3700
Address: 6655 South Yale **24/7 Line:** (918) 481-4000
City, State, Zip Code: Tulsa, OK 74136

Services offered: **Hours of Operation:**
• Substance Abuse treatment
• See *Comprehensive for more services*
Monday-Friday, 8:30am-4:30pm



Name of Agency: Palmer Tulsa Women & Children's Center **Office Number:** (918) 430-0975
Address: 2442 Mohawk Blvd
City, State, Zip Code: Tulsa, OK 74110

Additional Locations: Adolescent Services
5319 S. Lewis Ave #219
Tulsa, OK 74105
(918) 832-7763

Services offered: **Hours of Operation:**
• Residential treatment that can accommodate children
• Adolescent & adult treatment
Call anytime 24/7



SUBSTANCE ABUSE

Name of Agency: Parkside
Address: 1620 East 12th Street
City, State, Zip Code: Tulsa, OK 74120

Office Number: (918) 588-8888

Services offered:

- Substance Abuse Treatment
- *See Comprehensive for more services*

Hours of Operation:

Call anytime 24/7, hours vary by program



Name of Agency: Resonance
Address: 1608 South Elwood
City, State, Zip Code: Tulsa, OK 74119

Office Number: (918) 587-3888

Services offered:

- Substance Abuse Treatment
- *See Comprehensive for more services*

Hours of Operation:

Monday-Friday, 8:00am-5:00pm



Name of Agency: Tulsa Center-Behavioral Health
Address: 2323 South Harvard
City, State, Zip Code: Tulsa, OK 74114

Office Number: (918) 293-2140

Services offered:

- Addiction counseling
- *See Comprehensive for more services*

Hours of Operation:

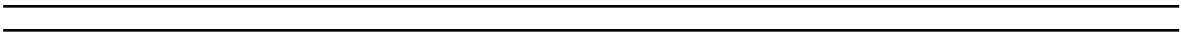
24/7



Notes / Important Numbers



YOUTH SERVICES



YOUTH SERVICES

Name of Agency: A Pocket Full of Hope **Office Number:** (918) 430-1700
Address: 1325 East Apache
City, State, Zip Code: Tulsa, OK 74106

Services offered: **Hours of Operation:**
• Youth: Arts, Theater, Dance Monday-Friday, 8:00am-5:00pm



Name of Agency: Big Brothers Sisters of OK **Office Number:** (918) 744-4400
Address: 1401 S. Boulder Ave. #300
City, State, Zip Code: Tulsa, OK 74145

Services offered: **Hours of Operation:**
• Mentoring Monday-Friday, 8:00am-5:00pm



Name of Agency: Boy Scouts of America **Office Number:** (918) 743-6125
Address: 4295 South Garnett
City, State, Zip Code: Tulsa, OK 74146

Services offered: **Hours of Operation:**
• Boy Scouts Monday-Friday, 8:00am-4:30pm



Name of Agency: Camp Fire USA **Office Number:** (918) 592-2267
Address: 706 South Boston Ave.
City, State, Zip Code: Tulsa, OK 74119

Services offered: **Hours of Operation:**
• After school clubs Monday-Friday, 8:00am-5:00pm
• Youth camps



Name of Agency: City of Tulsa Parks & Recreation **Office Number:** (918) 596-2100
Address: Multiple locations
City, State, Zip Code: Tulsa, OK

Website: <https://www.cityoftulsa.org/culture--recreation/tulsa-parks.aspx>

Services offered: **Hours of Operation:**
• Youth recreation/sports programs Depends on program
• Go to website to find schedules/locations



Name of Agency: Girl Scouts of America
Address: 2432 East 51st
City, State, Zip Code: Tulsa, OK 74105

Office Number: (918) 749-2551

Services offered:

- Girl Scouts

Hours of Operation:

Monday-Friday, 9:30am-5:30pm

Name of Agency: John 3:16 Mission
Address: 506 North Cheyenne
City, State, Zip Code: Tulsa, OK 74103

Office Number: (918) 587-1186

Services offered:

- Youth ministry
- After school youth program
- Kid's camp
- *See Comprehensive for more services*

Hours of Operation:

Monday-Friday, 9:00am-5:00pm

Name of Agency: Youth Services of Tulsa
Address: 311 S. Madison Ave.
City, State, Zip Code: Tulsa, OK 74120

Office Number: (918) 582-0061

- **Services offered:**
- Delinquency prevention
- Youth development/education
- *See Comprehensive for more services*

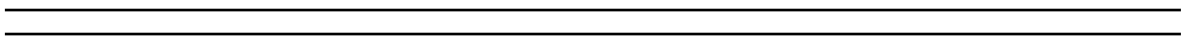
Hours of Operation:

Monday-Friday, 8:30am-5:00pm

Notes / Important Numbers



COMPREHENSIVE SERVICES



COMPREHENSIVE SERVICES

Name of Agency: Baptist Ministry Center
Address: 312 South 33rd West Avenue
City, State, Zip Code: Tulsa, OK 74127

Office Number: (918) 585-5310
Director: Alicia Bones

- Services offered:**
- Food pantry
 - Free clothing
 - Assistance paying prescriptions

Hours of Operation:
Monday-Wednesday, 9:00 am - 2:00 pm
Thursday 9:30am-2:00pm
Prefer appointment, help every 60 days



Name of Agency: Catholic Charities
Address: 2450 N. Harvard Ave.
City, State, Zip Code: Tulsa, OK 74110

Office Number: (918) 949-4673

- Services offered:**
- Adoption Services
 - Counseling Services
 - Dental Services
 - Education Services
 - Emergency Assistance
 - Healing After Abortion
 - Immigration Services
 - Kitchen & Garden Ministries
 - Madonna House
 - Pregnancy Services
 - Refugee Services
 - St. Elizabeth Lodge

Hours of Operation:
Depends on program



Name of Agency: Community Action Project
Address: 4606 S. Garnett Rd.
City, State, Zip Code: Tulsa, OK 74146

Office Number: (918) 382-3200

- Services offered:**
- 1st Time Homebuyers Program
 - Head Start

Hours of Operation:
Monday-Friday, 8:00am-5:00pm



COMPREHENSIVE SERVICES

Name of Agency: CREOKS **Office Number:** (918) 382-7300
Address: 4636 S. Harvard Ave.
City, State, Zip Code: Tulsa, OK 74135

Services offered: **Hours of Operation:**
Monday-Friday, 8:00am-5:00pm

- Counseling
- Crisis Intervention
- Case Management
- Medication services
- Outpatient Substance Abuse Treatment



Name of Agency: Day Center for the Homeless **Office Number:** (918) 583-5588
Address: 415 West Archer
City, State, Zip Code: Tulsa, OK 74103

Services offered: **Hours of Operation:**
Monday-Friday, 8:00 am - 4:00 pm

- Homeless Center and Shelter
- *See Comprehensive for more services*



Name of Agency: Department of Human Services **Office Number:** (918) 581-2401
Address: 444 South Houston **Website:** www.okdhs.org
City, State, Zip Code: Tulsa, OK 74127

Additional Locations:

3666 North Peoria Tulsa, OK 74106 (918) 430-2300	320 East Midway Broken Arrow, OK 74012 (918) 251-5251
5051 South 129th East Avenue Tulsa, OK 74134 (918) 294-2000	11626 East 21st Street Tulsa, OK 74129 (918) 280-3130

Services offered: **Hours of Operation:**
Monday-Friday, 8:00am - 5:00pm

- Adoption
- Health & Medical
- Child Protective Services
- Food Stamps
- Temporary Assistance for Needy Families (TANF)
- Utility Services (LIHEAP)
- Childcare Services
- Aging Services
- Developmental Disabilities
- Child Support



COMPREHENSIVE SERVICES

Name of Agency: Domestic Violence Intervention Svc **Office Number:** (918) 743-5763
DVIS
Address: 4300 South Harvard, Suite #100
City, State, Zip Code: Tulsa, OK 74135

Services offered:

- Counseling and Support Groups
- Treatment
- Court Advocacy
- Domestic Violence shelter

Hours of Operation:

24 Hour Crisis/Information line



Name of Agency: Employment Resources, Inc. **Office Number:** (918) 744-6202
Address: 6202 South Lewis, Suite #D
City, State, Zip Code: Tulsa, OK 74136

Services offered:

- Employment Services for the disabled
- Independent living services for disabled

Hours of Operation:

Monday-Friday, 8:00am-5:00pm



Name of Agency: Family & Children's Services **Office Number:** (918) 587-9471
Address: 650 South Peoria
City, State, Zip Code: Tulsa, OK 74120

Additional Locations:

11740 East 21st, Suite E
Tulsa, OK 74129
(918) 437-9495

1055 S. Houston Ave.
Tulsa, OK 74127
(918) 921-3200

2325 S. Harvard Ave.
Tulsa, OK 74114
(918) 587-9471

1 W. 36th St. N., Suite I
Tulsa, OK 74106
(918) 425-4200

6202 S. Lewis Ave., Suite J.
Tulsa, OK 74136
(918) 584-4549

102 N. Denver Ave., Suite C
Tulsa, OK 74103
(918) 582-1200

Services offered:

- Counseling
- Divorce Counseling
- Marriage Counseling
- Stress Management
- Sexual Abuse Counseling
- Family Support and Prevention Programs
- Parenting Classes
- Outpatient Substance Abuse treatment

Hours of Operation:

Monday-Friday, 8:00 am - 5:30 pm



COMPREHENSIVE SERVICES

Name of Agency: First Baptist Church of Tulsa
Address: 305 S. Detroit
City, State, Zip Code: Tulsa, OK 74120

Office Number: (918) 587-1571

Services offered:

- Food Assistance
- Clothing Assistance
- Utilities Assistance

Hours of Operation:

Monday-Thursday



Name of Agency: Goodwill Industries, Inc.
Address: 2800 Southwest Boulevard
City, State, Zip Code: Tulsa, OK 74107

Office Number: (918) 581-1256

Services offered:

- Employment (Temporary, Supported, Training)
- TulsaWORKS job/skills training
- Vocational services for individuals with disabilities
- Transitional Work Adjustment training for seniors in high school

Hours of Operation:

Monday-Friday, 8:00am-5:00pm



Name of Agency: Harvest House
Address: 1439 E. 71st St
City, State, Zip Code: Tulsa, OK 74136

Office Number: (918) 492-5511

Services offered:

- Utility Assistance
- Food
- Clothing

Hours of Operation:

Call on Monday evenings after 6:00pm



Name of Agency: John 3:16 Mission
Address: 506 North Cheyenne
City, State, Zip Code: Tulsa, OK 74103

Office Number: (918) 587-1186

Services offered:

- Groceries & clothing
- Meals every evening
- Men's shelter
- Men's, women's, and youth ministries
- Recovery for addictions
- After school youth program
- Kid's camp

Hours of Operation:

Monday-Friday 9:00am-5:00pm



COMPREHENSIVE SERVICES

Name of Agency: Laureate
Address: 6655 South Yale
City, State, Zip Code: Tulsa, OK 74136

Office Number: (918) 491-3700
24/7 Line: (918) 481-4000

Services offered:

- Counseling
- In-patient and out-patient treatment
- Substance abuse treatment

Hours of Operation:

Monday-Friday, 8:30am-4:30pm



Name of Agency: Mental Health Association
Address: 1870 South Boulder
City, State, Zip Code: Tulsa, OK 74119

Office Number: (918) 585-1213

Services offered:

- Intensive Peer Case Management Services
- Support Groups
- Community Referral Line
- Drop In Center
- Housing

Hours of Operation:

Monday-Friday, 8:30am-5:00pm



Name of Agency: Neighbors Along the Line
Address: 5000 West Charles Page Blvd
City, State, Zip Code: Tulsa, OK 74127

Office Number: (918) 584-1111

Services offered:

- Food Pantry
- Literacy & GED program
- Medical clinic for uninsured
- Prescription assistance
- HI-SET testing
- Legal Aid
- Utility assistance

Hours of Operation:

Monday-Thursday 10:00am-7:00pm
Call for food pantry & clinic hours



Name of Agency: Neighbor for Neighbor
Address: 505 East 36th Street North
City, State, Zip Code: Tulsa, OK 74106

Office Number: (918) 425-5578

Walk in for food
Appointment for all other services

Services offered:

- Medical clinic
- Dental clinic
- Optometric clinic
- Family assistance program
- Food distribution program
- Legal clinic
- Housing assistance
- Life Skills program

Hours of Operation:

Monday-Thursday 9:00am-12:00pm,
1:00-3:00pm



COMPREHENSIVE SERVICES

Name of Agency: Parent Child Center
Address: 1421 South Boston
City, State, Zip Code: Tulsa, OK 74119

Office Number: (918) 599-7999

Services offered:

- Parenting Services
- Home visit program
- Child therapy

Hours of Operation:

Monday-Friday, 8:30am-5:00pm



Name of Agency: Parkside
Address: 1620 East 12th Street
City, State, Zip Code: Tulsa, OK 74120

Office Number: (918) 588-8888

Services offered:

- In-patient and out-patient treatment
- Child and adolescent therapy
- Substance Abuse treatment

Hours of Operation:

Call anytime 24/7, hours vary by program



Name of Agency: Planned Parenthood
Address: 1007 S. Peoria Ave.
City, State, Zip Code: Tulsa, OK 74120

Office Number: (855) 841-7526

Services offered:

- Family planning
- Prenatal
- Pregnancy Department
- STD testing
- Birth control

Hours of Operation:

Monday-Friday, 8:30am-5:00pm



Name of Agency: Resonance
Address: 1608 South Elwood
City, State, Zip Code: Tulsa, OK 74119

Office Number: (918) 587-3888

Services offered:

- Counseling
- Support Groups
- Substance Abuse treatment
- Prison reentry Services
- DUI School
- Take 2 Café

Hours of Operation:

Monday-Friday, 8:00am-5:00pm



COMPREHENSIVE SERVICES

Name of Agency: Restore Hope
Address: 2960 Charles Page Blvd
City, State, Zip Code: Tulsa, OK 74127

Office Number: (918) 582-5766

Email Address:
restorehope.org

Services offered:

- Food Pantry
- Thanksgiving assistance
- School Supplies (first two weeks of August)

Hours of Operation:

Food: Monday—Thursday 11:30-3:30



Name of Agency: Salvation Army
Address: 102 North Denver
City, State, Zip Code: Tulsa, OK 74103

Office Number: (918) 582-7201

Services offered:

- Hot meal—1:00pm daily
- Rent/Utilities assistance—call Monday-Friday from 2:00-2:30pm
- Supportive housing program
- Emergency shelter

Hours of Operation:

Monday-Friday, 8:30am-4:30pm



Name of Agency: Sand Springs Community Services
Address: 114 W. 4th St.
City, State, Zip Code: Sand Springs, OK 74063

Office Number: (918) 245-5183

LIMITED BY ZIPCODE

Services offered:

- Rent
- Utilities
- Food
- Clothing

Hours of Operation:

Monday-Thursday 9:00am-3:30pm
Friday 9:00am-12:00pm



Name of Agency: Tulsa Center-Behavioral Health
Address: 2323 South Harvard
City, State, Zip Code: Tulsa, OK 74114

Office Number: (918) 293-2140

Services offered:

- In Patient Treatment
- Crisis Unit
- Addiction counseling

Hours of Operation:

24/7



COMPREHENSIVE SERVICES

Name of Agency: Youth Services of Tulsa
Address: 311 S. Madison Ave.
City, State, Zip Code: Tulsa, OK 74120

Office Number: (918) 582-0061

- **Services offered:**
- Counseling (on site and home-based)
- Coping Skills Groups
- Transitional Living Program
- Homeless shelter (ages 12-18)
- Delinquency prevention
- Youth development/education

Hours of Operation:
Monday-Friday, 8:30am-5:00pm



Name of Agency: Western Neighbors
Address: Crystal City Shopping Center
On Southwest Blvd
City, State, Zip Code: Tulsa, OK 74107

Office Number: (918) 445-8840

- Services offered:**
- Food pantry (1x a month)
 - Used clothing
 - Small household items
 - Sometimes assist with utility cutoff notices (call for appointment)
 - Assist with emergency prescriptions

Hours of Operation:
Monday-Friday, 8:00am-12:00pm



